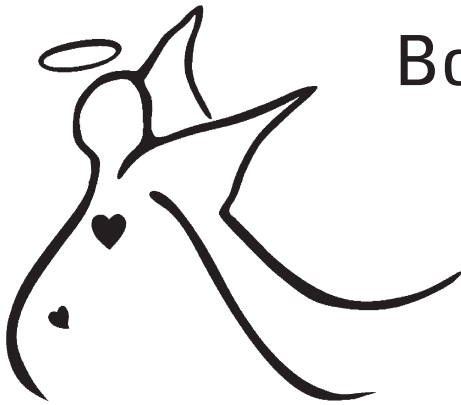


Claire Marie Miller Seminar

Nurturing the Mother[®]



Body, Mind, Spirit Approach to Pregnancy Massage

with Labor, Postpartum
and Infant Massage

August 27 - 29, 2010

Fri. - Sun. - 9am - 6pm • 24 CEs

**Baltimore Community College -
Baltimore, MD**

Exploring both the physical and the spiritual through massage, ritual and storytelling make this a unique workshop. The participant receives a full and enriching base of knowledge to take and share with their clients and their families.

What you will learn:

- Full Body Pregnancy Massage
- Prenatal yoga and couples yoga
- Anatomy and Physiology for pregnancy and birth
- Massage for labor and birth
- Postpartum massage and Mother Roasting
- Newborn and Infant Massage
- Dad's Massage — a simple shiatsu
- Blessingway and other sacred tools (optional 2 hr.)
- Marketing, Resources, and Ethics
- Nurturing the Pregnant Couple Class

**To Register call:
443-840-4700**

Cost - \$560.00

Refund policy is determined by Baltimore Community College

Certification given in class

You will need to bring:

- Massage Table
- Unscented Oil
- Three Pillows
- Baby Doll for Infant Massage
- 3 Sets of Sheets
- Blanket or Pad for Shiatsu



Nurturing the Mother was conceived as a workshop and certification in 1990 by Claire Marie Miller. It was born out of the passion Claire has for pregnancy, birth, and motherhood. It is also born of the desire to support women having an empowered journey as they become the mothers of our future generation.

Claire has studied with many teachers in the childbirth and prenatal psychology field. Her teachers have included Jeannine Parvati, Elizabeth Noble, Suzanne Arms, Michael Odent, David Chamberlain, Thomas Varney and midwife Kate Winningham.

Claire gave birth to her three children completely natural; James, in the hospital, Jessica at home who Claire delivered herself, and Danielle who was an underwater birth delivered by her father.

Throughout all three children, Claire received pregnancy massage, labor massage, postpartum massage and gave her children infant massage. Her daughter Jessica was also a conscious conception, Claire and her husband were aware of the egg and sperm meeting, and all the way through the zygote implantation in the uterus.

Claire has attended around 40 births both at home and in the hospital. She has trained thousands in this powerful womanly art of Nurturing Mothers.

AMTA Registered Massage Therapist • Nationally Certified Massage Therapist • NC-LMBT #0580

Claire Marie Miller Seminars, Inc. is an NCBTMB approved continuing education provider.

Provider #049535-00

www.nurturingthemothert.com

